

# California AFO Fitting Guide

1. Place foot inside the brace with heel as far back into brace as possible.



2. Secure the large upper strap.



3. Secure the very top smaller strap.



4. Pull Arch Suspender upward to lift arch.



5. Wind Arch Suspender around the ankle and secure back on itself.



6. Slip foot and finished brace into shoe with a shoe horn.

